

OSH Habits

1. **Change:** *I will be fearless*, not afraid of change. I will accept and adapt to the things I cannot change in a positive manner to create a more efficient and sustainable hospital. By accepting change it will empower me to have more possibilities and opportunities in life.
2. *I will work with an OPEN MIND.* I will better understand processes, knowledge of individuals (colleagues, patient, etc.) which will result in less negativity and allow me to contribute to create an environment of endless possibilities for myself, those around me, and the organization.
3. *I will be CREATIVE.* I will think outside the box becoming exceptional and starting fresh, ensuring that I am empowered and excited in a fast paced and ever changing environment.
4. *I will be HELPFUL.* Offering to help will improve relationships with my co-workers and better promote a team atmosphere which will lead to decreased employee incidents, better productivity, and an improved work environment. (Happy Dance!)
5. *I will be DEPENDABLE,* creating a high level of trust and accountability between the staff. When employees are dependable it develops consistency, creates better work and minimizes stress levels.
6. *I will RESPECT* others. Respecting each other will improve communication, individual understanding, humility, and comradery for a better work environment to bring forward a sense of belonging, peace, and respect in return.
7. *I will be responsible for BETTER COMMUNICATION* throughout our facility. When I gain understanding of the importance of open doors, trust more, utilize, and help improve communication resources between departments, it will reduce errors, improve teamwork, and gain trust throughout the facility.
8. *I will promote ENVIRONMENTAL AWARENESS* by being aware of my surroundings. Keeping the facility clean inside and out and free of clutter that may pose risks to employees, patients, and their families. Always keep lines of communication open, not only by answering alarms promptly to help patients and families feel safer that their needs are being met in a timely manner, but also by listening to their concerns openly without judgment.
9. *I will participate in TEAMWORK.* Strengthening relationships between departments to reduce departmental barriers creates a stronger unit, develops friendships, and improves morale. By participating in teamwork I will be providing exceptional patient continuity of care, more efficiency, and in turn we will be more productive and profitable as a hospital.
10. *I will be SELFLESS.* In personifying selflessness by displaying respect, loyalty, and trust among my co-workers, I will be encouraging people to provide better patient/family care. By exhibiting selfless acts, we will have a more satisfying and emotionally fulfilling work environment.
11. *I will be FLEXIBLE.* Being flexible creates a mutually beneficial environment where one can approach both work and personal needs in a balanced way. Flexible means one is willing to help others to equalize the workload, which creates less stress, and can make one more enriched.
12. *I will be POSITIVE.* Being positive creates a pleasant environment: in turn, there is more happiness and joy. A happy employee will bring more energy and better quality care to their patients, visitors, and co-workers, which leads to a positive environment. This leads to increased patient satisfaction. Patient satisfaction will sustain and build a positive reputation in the community creating continued success for the hospital.